

50+ AGING & INDEPENDENCE

ENVISIONING RETIREMENT

AARP (American Association of Retired Persons)

www.aarp.org

AARP Bulletin

AARP The Magazine

Howard County Office on Aging

www.howardcountymd.gov/aging-independence

Positive Aging Sourcebook
www.retirementlivingsourcebook.com

155.67B Brooks, Arthur C.
From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life

155.67L Lopez, Steve
Michael
Independence Day: What I Learned about Retirement from Some Who've Done It and Some Who Never Will

306.9M McDuff, Mallory
Our Last Best Act: Planning for the End of Our Lives to Protect the People and Places We Love

646.79C Cullinane, Jan
The New Retirement: The Ultimate Guide to the Rest of Your Life

646.79G

The Good Retirement Guide 2023: Everything You Need to Know About Health, Property, Investment, Leisure, Work, Pensions and Tax

648.8P Paxton, Matt
Keep the Memories, Lose the Stuff: Declutter, Downsize, and Move Forward with Your Life

DIGITAL SKILLS

Applied Digital Skills with Google
applieddigitalskills.withgoogle.com/c/en/curriculum.html

NorthStar Digital Literacy
hclibrary.org/research/online-classes
click: Personal & Professional Development

004.084V Vandome, Nick
Video Chatting for Seniors in Easy Steps

004.16M Muir, Nancy
Computers for Seniors for Dummies

004.1675D DiMarzio, J. F.
Android Smartphones

005.446W Weverka, Peter
Windows 10 for Seniors for Dummies

006.754A Abram, Carolyn
Facebook [8th edition]

FINANCIAL PLANNING

Social Security Administration
www.ssa.gov

306.380 Orman, Suze
The Ultimate Retirement Guide for 50+: Winning Strategies to Make Your Money Last a Lifetime

332.024P Piper, Mike
After the Death of Your Spouse: Next Financial Steps for Surviving Spouses

332.024T Thurman, Randy
The All-Weather Retirement Portfolio: Your Post-Retirement Investment Guide to a Worry-Free Income for Life

332.024T Tyson, Eric K.
Personal Finance after 50 for Dummies

332.02401B Birken, Emily Guy
The 5 Years Before You Retire: Retirement Planning When You Need It the Most

332.02401S Slott, Ed
The New Retirement Savings Time Bomb: How to Take Financial Control, Avoid Unnecessary Taxes, and Combat the Latest Threats to Your Retirement Savings



**HOWARD COUNTY
LIBRARY SYSTEM**
Public Education for All

343.053W Welch, Stewart H.
J.K. Lasser's New Rules for Estate, Retirement, and Tax Planning: Keep More Today, Leave More to Your Heirs Tomorrow

346.052C Clifford, Denis
Plan Your Estate

368.M Matthews, Joseph
Social Security, Medicare & Government Pensions: Get the Most Out of Your Retirement & Medical Benefits [28th edition]

CAREER TRANSITIONS

Peterson's Test and Career Prep
hclibrary.org/research/online-classes
click: Test Prep

SCORE (Service Core of Retired Executives) Volunteer Mentors
www.score.org/page/volunteer-score

646.79D Drak, Mike
Retirement Heaven or Hell: 9 Principles for Designing Your Ideal Post-Career Lifestyle

650.14B Brown, Damon
Career Remix: Get the Gig You Want with the Skills You've Got

650.14L Lipman, Joanne
Next!: The Power of Reinvention in Life and Work

HEALTH & WELLNESS

Johns Hopkins Medicine
www.hopkinsmedicine.org/health

Loan Closet Assistive Equipment
www.howardcountymd.gov/disability-services/loan-closet-equipment

Maryland Department of Aging
aging.maryland.gov

Mayo Clinic Health Library
www.mayoclinic.org/diseases-conditions

Medicare
www.medicare.gov

National Library of Medicine
medlineplus.gov

155.67S Sands, Susan
The Inside Story: The Surprising Pleasures of Living in an Aging Body

612.68A Attia, Peter, MD
with Bill Gifford
Outlive: The Source & Art of Longevity

155.937O Orenstein, Peggy
Unraveling: What I Learned About Life While Shearing Sheep, Dyeing Wool, and Making the World's Ugliest Sweater

158.1S Schwartz, Morris
The Wisdom of Morrie: Living and Aging Creatively and Joyfully

305.26M Magnusson, Margareta
The Swedish Art of Aging Exuberantly: Life Wisdom from Someone Who Will (Probably) Die Before You

305.262P Pipher, Mary Bray
Women Rowing North: Navigating Life's Currents and Flourishing As We Age

332.024G Grumet, Jordan
Taking Stock: A Hospice Doctor's Advice on Financial Independence, Building Wealth, and Living a Regret-Free Life

612.82L Levitin, Daniel J.
Successful Aging: A Neuroscientist Explores the Power and Potential of Our Lives

LEISURE

Great Senior Living
www.greatseniorliving.com

Howard County Volunteer Opportunities
hocovolunteer.org

Learning Adventures
www.roadsscholar.org

Smithsonian Digital Volunteers
www.si.edu/volunteer/DigitalVolunteers

636.1L Letts, Elizabeth
The Ride of Her Life: The True Story of a Woman, Her Horse, and Their Last-Chance Journey Across America

910M Miller, Peter
RV Lifestyle

917.304K Knighton, Conor
Leave Only Footprints: My Acadia-to-Zion Journey Through Every National Park

917.527S
60 Hikes Within 60 Miles, Baltimore: Including Anne Arundel, Carroll, Harford, and Howard Counties